

HEALTH AND HUMAN SERVICES (HHS)

HHS 201 Knowledge of Substance Abuse (3 Credits)

This course meets the required focus of Section One of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). The course will provide students with a foundation for knowledge of chemical dependence, substance abuse and the effects of addiction on the individual, family and society. It will also examine the various theoretical models of addiction such as the medical model, spiritual model, and psychological model, in addition to others. Special emphasis will be focused on the array of treatment formats commonly used such as detoxification, outpatient, inpatient and residential services. Other topics will include an examination of school- and community-based interventions used for education and prevention of substance use disorders. Students will have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 202 Assessment, Evaluation and Treatment Planning (3 Credits)

This course has been designed to meet the required focus of Section Three of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). This course focuses on the screening, evaluation, and intake of patients. It examines the tools used to assess and diagnose chemical dependency, the stages of recovery, and the effects of cultural diversity in patient counseling and screening. Students will learn to assess substance abuse status and develop treatment plans. Students have the opportunity to earn up to 45 CASAC educational hours in this course, including 40 that may be applied directly to Section 3. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 203 Neurochemistry of Addiction: Pharmacology (3 Credits)

This course meets the required focus of Section One of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). The course will integrate classroom discussion with a series of exercises designed to introduce students to the fundamental principles of psychopharmacology. Content includes, but is not limited to, the action of drugs of abuse on the body (including those during pregnancy), the biology of addiction, an examination of the key drugs of abuse, drug interactions, and pharmacological treatment of addiction. Students have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 204 Substance Abuse Counseling Theory (3 Credits)

This course has been designed to meet the required focus of Section Two of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). The following theories and approaches of alcoholism and substance abuse counseling will be explored: Cognitive-Behavioral Therapy, Motivational Interviewing, Solution-Focused Brief Therapy, the Minnesota Model approach, Rational Emotive Behavioral Therapy, and CENAPS Relapse Prevention Therapy. Course topics focus on the role of the counselor and the unique concerns of treating individuals with substance use disorders. Special issues such as depression/suicide, resistance, the amotivational syndrome, the criminal justice system, and aggression will be discussed. In addition, the dysfunctional aspects of the addicted family will be examined. Students have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 205 Individual and Group Counseling (3 Credits)

This course has been designed to meet the required focus of Section Two of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). Individual counseling topics such as establishing a helping relationship, facilitating engagement in the treatment process, promoting and reinforcing positive changes, adapting techniques to the individual and facilitating the involvement of family will be covered. Models of relapse prevention are evaluated. In addition, stages of group process, actions necessary to form a group, facilitate a group, establish group goals, clarify behavioral ground rules and terminate a group will be examined. Students have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 206 Substance Abuse Counseling: Special Populations (3 Credits)

This course has been designed to meet the required focus of Section Two of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). In this course, students will examine and analyze the special counseling needs, issues, and approaches for a variety of populations and situations: adolescent substance abuse, the mentally ill, chemically addicted (MICA) abuser, issues of gender and sexual orientation, communicable and social diseases, and patients with HIV/AIDS. Attitudes and perceptions of death and bereavement, as well as appropriate counseling strategies are also examined. Students have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 207 Case Management and Educational Outreach (3 Credits)

This course has been designed to meet the required focus of Sections Two and Three of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). This course explores the overall function of the case manager, including the coordination of the treatment plan with ancillary services. The roles and interrelationships among family members – especially the adolescent and adult children of alcoholics/substance abusers – are analyzed and the facilitation of family counseling is introduced. The importance of vocational/educational rehabilitation and anger management are examined. In addition, significant time is spent designing and developing chemical dependency education programs. Students have the opportunity to earn up to 45 CASAC educational hours in this course, including 30 that may be applied directed to Section 3 and 15 that may be applied directly to Section Two. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None

HHS 208 Professional and Ethical Responsibilities (3 Credits)

This course has been designed to meet the required focus of Section Four of the educational requirements for the Credentialing of Alcoholism and Substance Abuse Counselors (CASAC). Course topics focus on the development and use of ethical standards when counseling a substance abuser. Students are introduced to the basic concepts of managed care and health records management and confidentiality. Students will examine issues specific to the counselor-client relationship, the Ethical Canon, and Code of Confidentiality, as well as counselor wellness and its significance to the profession. This course also provides a thorough knowledge of state and federal rules, HIPAA regulations, and the methodologies for protecting the privacy of the individual. Students have the opportunity to earn up to 45 CASAC educational hours in this course. Offered as needed.

Department: None

Pre-Requisites: None

Co-Requisites: None

Fees: None