

# MARRIAGE AND FAMILY THERAPY (MFT)

## **MFT 620 Structural, Strategic & Systemic Family Therapies (3 Credits)**

This course is designed to provide students with a foundational understanding of the dynamics of family interaction from a 'systems' perspective. This course is an introduction to the history and systemic foundations of the study and understanding of family life with emphasis on the various theories of family process and development. The development of an understanding of 'systems theory', its application to family interaction, and its evaluation will form the basis of the course content. Topics included: historical and conceptual development of Family Systems Theory, introduction to General Systems Theory, family rules, roles, structure and interaction patterns, functional and dysfunctional family systems, life cycle issues in marriage and family and ethnicity and family therapy.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 640 Psychopathology In The Family System (3 Credits)**

This course provides students with the most current information regarding the etiologies, and subsequent treatments, of the most prevalent mental illnesses in our society from a systemic perspective.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 651 Social Constructionist Theory (3 Credits)**

This course examines social constructionist theories and constructivist models within the field of marriage and family therapy. The course examines the theoretical foundations and how to apply them to a variety of clientele, such as couples, children and adolescents. The use of these theories with mental disorders, such as anxiety and depression is also explored through research, theory and practice.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 661 Transgenerational Theories (3 Credits)**

This course is designed to examine and implement the transgenerational theories of marriage and family therapy. The transgenerational theories go beyond typical treatment models, to discuss issues such as family evolution and human behavior. These models have had a major impact on the field of family therapy, and are crucial to understanding many of the current treatment models in the field. This course provides an in-depth look at some of the key theorists in the transgenerational approach. Further, these ideas will be discussed in relationship to gender, culture, sexual orientation, and power and privilege. Finally, all of these theories will be examined from the three-pronged approach of theory, research, and practice.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 670 Family Law & Ethical Issues In Family Therapy (3 Credits)**

This course will focus on the ethical principles and professional standards of therapy practice and survey the ethical and legal issues facing the professional Family and Marital therapists. It will also incorporate family law aspects of marriage, divorce, paternity, child custody, property, and spousal support. Students will review professional goals, objectives, roles and functions of Marital and Family therapists. This course also examines ethical and legal standards, risk management, professional credentialing and standards for professional counselors.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 671 Child Abuse Prevention Workshop (0 Credit)**

This online course prepares students who are required by law to report suspected child abuse or maltreatment to the New York State Central Register. It is designed to help students understand the risk factors associated with child abuse, as well as to recognize emotional, physical and sexual abuse of children. Students will learn their roles and responsibilities as mandated child abuse reporters.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 680 Treating Diverse Populations (3 Credits)**

This course is designed to provide students with a general framework for understanding issues related to therapy with diverse populations, different cultures and lifestyles. The influence of race, ethnicity, religion, gender, socioeconomic status, and sexual orientation will be explored.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

## **MFT 690 Human Development And The Family Life Cycle (3 Credits)**

This course introduces students to the major theories that have shaped the marriage and family therapists' understanding of human growth and development from conception, childhood and adolescence, to early, middle and late adulthood. The stages of family-life cycle are examined at three different levels of analysis: individual, systemic, and relational ethical. Major psychological tasks of each stage are presented with an examination of potential problems. Family dysfunctions at each stage are also considered from a systemic point of view as compared to other, more individually oriented theories, such as behaviorism, psychodynamic and developmental theories.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 701 Marriage And Family Therapy Practicum I (3 Credits)**

MFT 701 is the introductory course for the practicum sequence of MFT 701 Practicum I through MFT 705 Practicum V. MFT 701 focuses on basic clinical skills and professionalism. Students must complete a minimum of 50 hours of clinical observation before being eligible to begin seeing clients. By the end of the course, students need a total of 75 hours (Note: These hours may be all observable or a combination of 50 observed hours and 25 clinical hours). Through the progression of MFT 701 through MFT 705 Practicum V, 100 global hours of faculty supervision is provided. The practicums 701-705 provide 500 hours of direct contact (either as the therapist or observing the session) with couples, families, and/or individuals with marital or family issues. Of those hours 250 must be relational hours and observation hours cannot exceed 100. In addition to faculty supervision, weekly supervision is provided by the site supervisor.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 702 Marriage And Family Therapy Practicum II (3 Credits)**

This course provides 125 hours of the 500 global hours of clinical experience treating couples and families under supervision of a licensed marriage and family therapist. Over the course of practicum, I-IV, students will provide at least 300 hours of direct contact with couples, families and/or individuals with marital or family issues. Of those hours, 250 must be with families and couples. Students will receive at least one hour of weekly supervision at their practicum sites, and they will participate in a weekly on-campus supervision. Particular emphasis is placed on enhancing skills to assess and conceptualize cases from a variety of theoretical perspectives.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 703 Marriage And Family Therapy Practicum III (3 Credits)**

This course provides 125 hours of the 500 global hours of clinical experience treating couples and families under supervision of a licensed marriage and family therapist. Over the course of practicum, I-V, students will provide at least 500 hours of direct contact with couples, families and/or individuals with marital or family issues. Of those hours, 250 must be with families and couples. Students will receive at least one hour of weekly supervision each week at their practicum site, and they will participate in a weekly on-campus faculty supervision. Particular emphasis is placed on self of the therapist and refining the skills of assessing and conceptualizing cases from a variety of theoretical perspectives.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 704 Marriage And Family Therapy Practicum IV (3 Credits)**

This course will provide 125 hours of the 500 global hours of clinical experience treating couples and families under supervision of a licensed marriage and family therapist. Over the course of practicum, I-V, students will provide at least 500 hours of direct contact with couples, families and/or individuals with marital or family issues. Of those hours, 250 must be with families and couples. Students will receive at least one hour of weekly supervision each week at their practicum site, and they will participate in practicum faculty supervision on a weekly basis on campus. Emphasis is placed on students refining and enhancing their clinical skills and self of the therapist. Students will also complete a capstone project.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 705 Marriage And Family Therapy Practicum V (3 Credits)**

This course will provide 75 hours of the 500 global hours of clinical experience treating couples and families under supervision of a licensed marriage and family therapist. Over the course of practicum, I-V, students will provide at least 500 hours of direct contact with couples, families and/or individuals with marital or family issues. Of those hours, 250 must be with families and couples. Students will receive at least one hour of direct supervision each week at their practicum site, and they will participate in practicum faculty supervision on a weekly basis on campus. Emphasis is placed on students refining and enhancing their clinical skills and self of the therapist. Students will also complete a capstone project.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 720 Research Methods In Marriage And Family Therapy (3 Credits)**

This course is designed to enable graduate level students to read and understand existing research literature, to understand principal research methods and to apply research principals to the conduct of research projects. This course surveys the major methodologies for conducting research, and focuses on research report development, publication of data, and ethical considerations in conducting research. Students will also be introduced to the statistics necessary for describing and analyzing data. Special emphasis will be placed on reviewing marital, couple and family research.

**Department:** Counseling Clinical Psychology

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 730 Sex Therapy (3 Credits)**

This course provides a foundation in sex therapy for the treatment of couples and individuals. Course content will include evaluation and treatment modalities for common sexual dysfunctions, biological functioning regarding sex, STI education. The course will also address treatment of affairs, gender identify, and sexual orientation. An emphasis will be placed on integrating the theories of marriage & family therapy with those of sex therapy. The course will evaluate these ideas within the larger issues of gender, race, culture, sexual orientation, power, and privilege.

**Department:** Counseling Clinical Psycholo

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 740 Substance Abuse And Violence In The Family System (3 Credits)**

This course presents a survey of the leading theorists and concepts in the field of family therapy. Students will become better acquainted with this field of therapy and will acquire skills necessary to work with families who are affected by violence and substance abuse.

**Department:** Counseling Clinical Psycholo

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 761 Trauma And The Family (3 Credits)**

In this course, students will critically examine theories and research on the manifestations of trauma on the individual and the family. Systemic and relational influences on recovery from trauma will be highlighted. The course will examine various approaches to trauma including EMDR, Somatic Experiencing, and Family therapy interventions for trauma treatment will be reviewed.

**Department:** Counseling Clinical Psycholo

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 762 Child & Adolescent Therapy (3 Credits)**

This course is a didactic and experiential to provide students with the knowledge, awareness and skills necessary to treat children and adolescents. Analysis, synthesis and appropriate application of child development and MFT theories is emphasized with a focus is on clinical practice, diagnostic skills, play, art therapy and family systems interventions. Students will be challenged to examine issues that may impact their effectiveness as therapists with children and adolescent. Ethical guidelines, historical development of the field, research findings and standards of practice are also examined.

**Department:** Counseling Clinical Psycholo

**Pre-Requisites:** None

**Co-Requisites:** None

**Fees:** None

**MFT 763 Sex Therapy II (3 Credits)**

This course is designed as an extension of MFT 730 sex therapy. This course will provide students with knowledge on working with sexual trauma and greater detailed approaches to sexual dysfunctions and sexual desire.

**Department:** Counseling Clinical Psycholo

**Pre-Requisites:** MFT 730.

**Co-Requisites:** None

**Fees:** None